

Amidah

O Lord, open our mouths, that our lips may tell forth your praise.

Blessed are you, YHWH our God, and God of our fathers. God of Avraham, God of Yitzach, God of Yaakov; the great, mighty and awesome God, the Most High, who bestows steadfast love, goodness, and is Master of all, who remembers the good deeds of the Fathers, and has sent Messiah Yeshua to us their children, for the sake of His name.

O King, Helper, Redeemer and Shield, blessed are you YHWH Shield of Avraham.

You are mighty forever, YHWH. You resuscitate the dead with great mercy; you support all who fall, and heal the sick; you set the captives free and keep faith with those who sleep in the dust. Who is like you Lord of power and who resembles you O King. You cause death, and restore life, and cause salvation to flourish. You are faithful to revive the dead. Blessed are you YHWH who revives the dead.

You are holy, and your name is holy, and holy ones praise your name everyday.
Blessed are you YHWH the holy God.

You favor man with knowledge and teach insight to a frail mortal. Endow us graciously from yourself with wisdom, insight and discernment. Blessed are you YHWH who grants knowledge.

Restore us our Father to your Torah and draw us our King to your service. Cause us to return in complete repentance before your face. Blessed are you YHWH who is pleased with repentance.

Forgive us Father for we have sinned. Pardon us our King for we have transgressed, for you pardon and forgive. Blessed are you YHWH who is gracious and ever ready to forgive.

Look at us please and answer us and defend our cause, redeem us quickly for the sake of your name, for you are a strong Redeemer. Blessed are you YHWH, Redeemer of Israel.

Heal us YHWH and we shall be healed, save us and we shall be saved for you are our praise. Grant complete healing for all our wounds, for you are the God and King who heals and is faithful and merciful. Blessed are you YHWH, healer of the sick of your people Israel.

Let your blessings be upon us YHWH our God for this year and for all kinds of produce for good. Give dew and rain for a blessing upon the face of the earth and satisfy us from your bounty. Bless our year as in the best years. Blessed are you YHWH who blesses the years.

Sound upon the great shofar our freedom; raise the great banner to gather our exiles, and gather us from the four corners of the earth. Blessed are you YHWH our God, who gathers the dispersed of Israel.

Restore our judges as in the earliest times and our counselors as at first; remove from us sorrow and sighing and reign over us, you, YHWH alone, with kindness and compassion, and justify us through judgment. Blessed are you YHWH, the king who loves righteousness and justice.

On the righteous, and on the devout, on the elders of your people Israel, on the remnant of their scholars, and the righteous sojourners, and ourselves; may your compassion be aroused, YHWH our God, and give goodly reward to all who sincerely believe in Your Name; put our lot with them forever, and we will not be ashamed, for we trust in you. Blessed are you YHWH, mainstay and assurance of the righteous.

And to Jerusalem your city, may you return in compassion, and may you rest within it as you have spoken; may you rebuild it soon in our days as an eternal structure, and may you speedily establish the throne of David within it. Blessed are you YHWH, the builder of Jerusalem.

Speedily cause to flourish the offspring of David, your servant. Let His glory be raised up by your help, for your help we hope for all the day long. Blessed are you YHWH who makes to flourish the horn of salvation.

Hear our voice, YHWH our God; pity and be compassionate to us, and accept, with

compassion and favor our prayers for you are the God who hears prayers and supplications. From before yourself, our King, turn us not away empty-handed, for you hear the prayers of your people Israel with compassion. Blessed are you YHWH, who hears prayers.

Be favorable YHWH our God toward your people Israel and their prayer, and restore service to the Holy of Holies of your Temple. The fire offerings of Israel and their prayer accept with love and favor, and may the service to your people Israel always be favorable to you. May our eyes behold your return to Zion in compassion.

Blessed are you YHWH who restores his presence to Zion.

We thank you YHWH our God, our father's God for all eternity. Our Rock, our Shield that saves throughout every generation. We thank you and declare your praise for all your tender care. We trust our lives into your loving hand. We are always in your keeping, evening, morning and noon. You, who are all good, whose mercies never fail us, Compassionate One whose faithful love never ceases we ever hope in you. And for all these blessings may your name be exalted, our King forever and to all generations. All the living shall thank you and praise your name faithfully, the God of our salvation and deliverance. Blessed are you whose name is pleasant and to whom it is good to give thanks.

Grant peace, goodness, blessing, grace, kindness, and mercy upon us your people. Bless us our Father as one with the light of your face. For in the light of your face you gave to us YHWH our God, the Torah of life, and love, kindness, righteousness, blessing, mercy, life and peace. May it be good in your eyes to bless your people with peace at all times, and in all years with your peace.

May God guard our lips from evil and our tongues from speaking deceit. May the words of our mouths and the meditation of our hearts be acceptable in your site, YHWH our strength and our redeemer. Grant peace in the heavens and peace to all Israel.

We pray for the peace of your city Jerusalem and that it solidly be established in our days. May the service of Judah and Ephraim together as one in Jerusalem be pleasing to you. There we will serve you with awe as in days of old.

B'shem Yeshua M'shicheinu

(In the name of Yeshua, our Messiah)

Who taught us to say when we pray:

Our father, who art in heaven
hallowed be thy name.
Thy Kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

Let us all say, Amein

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